



# CAMPHILL KIDS MENU

Vegetarian - Vegan - Local - Organic

Since 1997

## LUNCH MEALS

£3.50

*Cup of Soup, bread dippers*

*Toast - Cheesy & Beansy or Nutty*

*Spread*

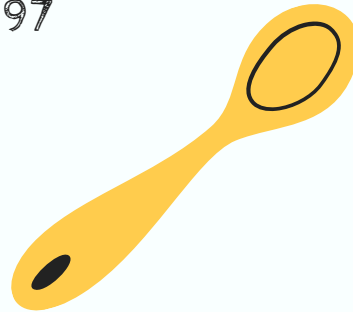
*Baked Potato, Cheesy Beans, Slaw*

*Little Buddha Bowl - Mini Superfood*

*Salad*

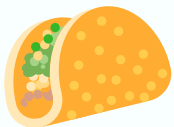
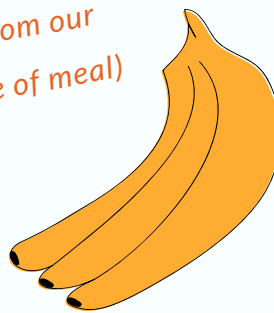
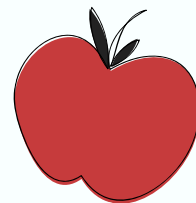
*Tomato & Cheese Flatbread Pizza,*

*Salad*



GO BANANAS!!

*Pick your own piece of fruit from our greengrocers (included in price of meal)*



## SWEET TOOTH £1.75

*Chocolate Brownie*

*Peanut Butter Ball*



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## BRUNCH

### OATS

Granola, Yoghurt, Walnuts	£4.50
Granola, Agave, Fruit Compote (v)	£4.50
Muesli, Fresh Fruit (v)	£4.50
Porridge, Plain & Simple (gf, v)	£4.00
Porridge, Cinnamon, Fruit Compote (gf, v)	£4.50
Porridge, Toasted Seeds, Agave (gf, v)	£4.50

### TOASTS

Pick your bread, freshly baked in our award winning bakery;

White, Wholemeal, Wheaten, Gluten-free

Butter, Camphill Jam (gf, v) £2.50

PB&J Toast; peanut butter, Camphill Jam (gf) £3.00

Camphill Homemade Beans on Toast (gf, v) £4.00

Eggs; 2x Poached, Fried or Scrambled (gf) £4.50

French Toast, Syrup, Cinnamon £4.95

Slow-roast Tomato, Mushroom, Vegan Sausage, Egg (gf, v) £5.95

Brunch Special of the Day (see specials board or ask your server) £POA

(Add Tea or Filter Coffee to any brunch dish for £1)

PLEASE INFORM YOUR SERVER OF ANY FOOD  
INTOLERANCES OR ALLERGIES  
GF - GLUTEN FREE OR GLUTEN FREE  
ALTERNATIVE AVAILABLE  
V - VEGAN OR VEGAN OPTION AVAILABLE



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## LUNCH

### SANDWICH BAR

Pick your bread, freshly baked in our award winning bakery;

White, Wholemeal, Wheaten, Gluten-free, Olive Roll

OFFICE - Goats Cheese, basil pesto, £4.75  
sun-dried tomatoes, leaves (gf)

HUMMUS - Camphill hummus, £4.75  
smoked paprika, cucumber, peppers,  
leaves (gf, v)

CHEF - Grilled cheese, red onion, £4.75  
slow roast tomato (v)

VEGAN WORKS - Roast peppers, £4.75  
leaves, tomato, cucumber,  
caramelised onion, vegan mayo (gf, v)

YOUR STYLE - Pick 3 toppings £4.50

#### Extra Toppings;

Vegan - hummus, leaves, tomato, £0.50  
cucumber, red onion, sun-dried  
tomatoes, peppers, Camphill  
chutney, tapenade, caramelised  
onions

Veggie - cheddar, goats cheese, feta,  
slaw, basil pesto, egg mayo

### SALAD BOWLS & BOARDS

MEZE PLATTER - Mixed salads, £6.50  
hummus, tapenade, raw veg  
dippers, dressed leaves with  
crispbread (gf,v)

SUPERFOOD - Sweet potato, £6.75  
cashews, toasted pumpkin  
seeds, dried cranberries,  
cucumber, tomato, pickled red  
onions, dressed leaves (gf, v)

MEDI BOWL - Feta, sun-dried £6.75  
tomatoes, red onion, olives,  
peppers, cucumber, dressed  
leaves, pine nuts, balsamic (gf)

CHICKPEA BOWL - Spiced £6.50  
chickpeas, roast peppers, red  
onion, garlic & chilli oil, leaves,  
hummus pot, flatbread dippers  
(gf.v)

TOFU - Spiced tofu, chilli, £6.50  
shredded carrot, cabbage,  
cucumber, peppers, leaves, miso  
& sesame dressing (gf, v)

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## LUNCH

### THE CLASSICS

SOUP - Served with choice of bread from our award winning bakery (gf,v)	£4.45
COMBO - Soup & sandwich (gf,v)	£6.75
LOADED PITTA - Grilled Camphill pitta bread, spiced chickpeas, hummus, peppers, red onion, garlic oil, yoghurt dressing, house salad (v)	£6.95
QUICHE - See specials board for today's quiche, served with house salad	£6.65
BAKED POTATO - Filled with beans & cheese with house salad (gf,v)	£5.50
GOATS CHEESE OPEN TART - Crispy pastry topped with goats cheese, roasted peppers, caramelised onion & walnuts, served with house salad	£6.95
SPECIAL - Check our specials board for today's dish	£6.95
ALL-DAY BRUNCH - Check our specials board for today's dish	£POA

### SNACKS & SIDES

BREAD BASKET - Selection of our home baked breads (v)	£3.75
HUMMUS BOARD - Selection of breads, hummus pot (v)	£4.25
TAPENADE BOARD - Selection of breads, tapenade pot (v)	£4.25
BAKED POTATO (gf,v)	£2.00
HUMMUS POT (gf,v)	£1.50
TAPENADE POT (gf,v)	£1.50
HOUSE SALAD (gf,v)	£3.00
COLESLAW (gf)	£2.00
SPICED CHICKPEAS (gf,v)	£2.00
GARLIC & HERB FLATBREAD (v)	£2.00

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## DRINKS & TREATS

### HOT DRINKS

<b>FILTER COFFEE (ONE FREE TOP-UP)</b>	<b>£2.40</b>
<b>AMERICANO</b>	<b>£2.50</b>
<b>ESPRESSO</b>	<b>£2.40</b>
<b>CAPPUCCINO</b>	<b>£2.60</b>
<b>VEGAN CAPPUCINO</b>	<b>£2.90</b>
<b>LATTE</b>	<b>£2.60</b>
<b>VEGAN LATTE</b>	<b>£2.90</b>
<b>BARLEY CUP</b>	<b>£2.00</b>
<b>BABY-CINO</b>	<b>£2.00</b>
<b>HOT CHOCOLATE, FRESH CREAM</b>	<b>£3.50</b>
<b>TEAPOTS - BLACK TEA; DEACAF; EARL GREY; PEPPERMINT; GINGER; CHAMOMILE; GREEN TEA; BERRY; LIQUORICE</b>	<b>£1.95</b>

### COLD DRINKS

<b>SPARKLING CANS - COLA; ORANGE, LEMONADE; CRANBERRY; ELDERFLOWER; GINGER; APPLE JUICE - APPLE; ORANGE</b>	<b>£2.40</b>
<b>MILK</b>	<b>£2.20</b>
<b>BOTTLED WATER</b>	<b>£1.50</b>
<b>BOTTLES - GINGER ALE; COCONUT WATER; KOMBUCHA</b>	<b>£2.95</b>

### SWEET TOOTH

Lots of our sweet treats are  
gluten-free & vegan, just  
check with your server

<b>SCONE, BUTTER &amp; JAM</b>	<b>£2.25</b>
<b>VEGAN SPELT SCONE</b>	<b>£2.55</b>
<b>CHOCOLATE BROWNIE</b>	<b>£2.50</b>
<b>RAW VEGAN BROWNIE &amp; CHOCOLATE GANACHE</b>	<b>£3.00</b>
<b>VEGAN CINNAMON SWIRL</b>	<b>£2.00</b>
<b>COCONUT BITES</b>	<b>£2.25</b>
<b>PEANUT BUTTER BALLS</b>	<b>£2.25</b>
<b>FLAPJACK/SNACK BAR</b>	<b>£1.50</b>
<b>MOROCCAN ORANGE CAKE</b>	<b>£2.25</b>
<b>CAMPBILL MINI CAKE/CAKE SLICE</b>	<b>£3.00</b>
<b>CARAMEL SQUARE</b>	<b>£2.00</b>

**ADD WHIPPED CREAM** **£0.50**

Ask your server or check our  
board for other sweet treats!

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## ABOUT US

We are a not-for-profit home bakery, cafe & shop offering opportunities to adults, some of whom have learning disabilities.

Our community extends further than the coffee shop - we also have a residential care home for adults within Holywood town.

Volunteers, employees & co-workers come from around the globe to work in partnership with people with disabilities to create, cook & bake the produce available here every day.

If you want to know more about day opportunities or our community here in Holywood please ask a member of staff!

